

## Presentation Guide

# Sound Off with the Home Fire Safety Patrol

## Lesson 4: Home Fire Drills

### INTRODUCTION

This Lesson has three learning activities plus a certificate:

- Video 4: *Home Fire Drills*
- Fill-in-the-Blank Game: Home Fire Escape Rules
- Activity Sheet 4: *How to Plan and Practice a Home Fire Drill*
- The Sound Off with the Home Fire Safety Patrol Student Certificate of Completion

Build your Lesson with the Video and Activity Sheet as the main events supported by some or all of the other learning activities. Note that Lesson 4 builds on Lesson 3: Home Fire Escape Map. It is recommended that students view Video 3 before starting Lesson 4 on Home Fire Drills and watching Video 4 as part of the Lesson.

### GOAL FOR THE PRESENTER

The most important outcome of this Lesson is to make sure students are motivated and excited to act as members of the Sound Off Home Fire Safety Patrol by helping their family conduct a practice home fire drill.

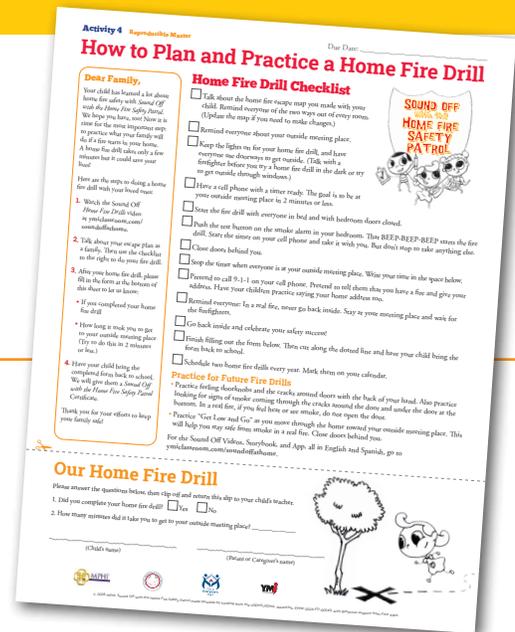
### WHAT YOU WILL NEED FOR YOUR PRESENTATION

The following resources are available on the **Lesson 4: Home Fire Drills** page at [ymiclassroom.com/sound-off-teams](http://ymiclassroom.com/sound-off-teams).

- This **Presentation Guide**
- Access to **Video 4: Home Fire Drills** (English or Spanish) (NOTE: Inform the teacher that this video includes loud sounds in case some students are sound-sensitive.)
- Enough copies of **Activity Sheet 4: How to Plan and Practice a Home Fire Drill** (take-home family activity) for all students. Ask the teacher beforehand whether the English or Spanish version is appropriate for the class.
- Enough copies of the **Sound Off with the Home Fire Safety Patrol Student Certificate of Completion** for all students. Sign your name in the space provided before you photocopy the certificate, leaving space for the teacher's name. Ask the teacher to write the students names before you distribute the certificates at the end of the Lesson.

**NOTE:** Should scheduling require it, you can delegate this and any of the other Sound Off Lessons to your teacher teammate. Through Sound Off Online, teachers have access to step-by-step directions for taking students through the program's Videos, Activity Sheets, and other learning resources. Follow-up research has shown that students learn just as much about home fire safety from a teacher as they do from a firefighter, so don't hesitate to ask your teacher for help if you need it. What are teammates for?

**Important Messaging Note for Family Fire Drills:** EMAC guidelines indicate it is safest for families to get out of their homes in 2 minutes or less. While we are updating materials to align with this messaging, some Sound Off resources may still reference 3 minutes. Please reinforce the 2 minutes or less messaging.



## OPENING

1. Re-introduce yourself and the name of your fire department.
2. Do a brief Q&A to review what students have learned during your prior classroom visits.

**Q:** Let's start with a Home Fire Safety Patrol quiz!  
What sound does a smoke alarm make when it needs a new battery or needs to be replaced?

**A:** CHIRP

**Q:** And what sound does a smoke alarm make to warn you when there is a fire?

**A:** BEEP-BEEP-BEEP over and over again

**Q:** Here's a hard one. What is the safety saying you can use to help grown-ups remember to turn off the stove before they leave the kitchen?

**A:** Keep an eye on what you fry.

**Q:** One more. How long should it take to get outside when you are escaping from a home fire?

**A:** Two minutes or less

3. Congratulate students on how much they have learned about home fire safety and tell them that for this final Lesson they will be learning how to help their family practice a home fire drill — just like the fire drills they have at school!

## VIDEO 4: HOME FIRE DRILLS

4. Say: As you already know, a home fire drill should only take two minutes or less. But you need to practice, practice, practice to be able to escape from a fire that fast. And practice takes time. Let's find out what the Sound Off Home Fire Safety Patrol recommends to make home fire drills successful.
5. SHOW VIDEO 4 (Approximately 6 minutes)



## AFTER THE VIDEO

6. Review these key concepts:

### Home Fire Escape Map

**Q:** Why do families need a home fire escape map?

**A:** To plan and show two ways out of every room in case there's a fire and to show where to go when you get outside — your family's outside meeting place.

### Home Fire Drill

**Q:** Tyler's family used their home fire escape map to have a home fire drill. Why is it important to have a home fire drill?

**A:** So everyone knows how to get outside fast if there's a fire.

### Escape Speed

**Q:** How fast should families be able to get outside during a home fire drill?

**A:** In 2 minutes or less.

### Starting a Home Fire Drill

**Q:** How did Tyler's family start their home fire drill?

**A:** Everyone went to their bedrooms. Then Tyler's dad pushed the smoke alarm test button as the signal to get outside fast.

## Checking for Fire and Smoke

**Q:** Tyler didn't run out of his bedroom as soon as he heard the alarm. He first practiced how to tell if there is fire or smoke on the other side of a door. How did he do this?

**A:** He used the back of his hand to feel the doorknob and cracks around the door. They would feel warm if there were a fire on the other side of the door. And he looked at the cracks around the door and at the bottom of the door for signs of smoke on the other side of the door. Even if you don't see smoke, open the door just a little bit, and if you see smoke or fire, close the door again.

## Avoiding Fire and Smoke

**Q:** What should you do if you think there is fire or smoke on the other side of a closed door?

**A:** Do not open the door. Leave the door closed and use your second way out of the room, possibly a low window.

If you can't use your second way out, stuff something like a blanket under the bottom of the door to keep the smoke out. Then kneel or stand by a window and wave a flashlight or something white like a t-shirt so the firefighters can see you and get you out.

## Get Low and Go

**Q:** Why did Tyler bend down before he opened the door?

**A:** He was checking to be sure there was no smoke blocking his path down the hallway. In a fire, smoke is more dangerous than the flames. Smoke rises to the ceiling. If you see smoke when you open the door a crack and peek out, close the door and go to the window. But if you don't see smoke and decide to start for an outside door, Get Low and Go by bending over as you walk. This will help you stay safe if there is any smoke along your escape path.



## Close Doors Behind You

**Q:** Why did Tyler close the door behind him?

**A:** To help stop smoke, heat, and fire from spreading.



## Helping Small Children and Others

**Q:** How did Tanya get outside?

**A:** Her dad came to her room and carried her outside. Sometimes little kids do not hear the smoke alarm or they're so small they need a grown-up's help to get outside safely.

**Q:** Who else might need help getting outside?

**A:** Older people and people who can't hear the alarm or anybody who may not be able to walk or move quickly.

## The Outside Meeting Place

**Q:** Why is it important to have one outside meeting place?

**A:** When everyone meets at the same place, you know that they are all safe outside.

## After You Escape

**Q:** What did Tyler's family do when they got to their outside meeting place?

**A:** His mom used her cell phone to pretend to call 9-1-1 to report the fire and give them their address. If you don't own a cell phone, use a neighbor's phone to report the fire.

**Q:** In a real fire, what should the family do after they call 9-1-1?

**A:** Stay at their outside meeting place until the firefighters arrive. They should never go back inside their home until the firefighters tell them it is safe.

7. Remind students how the Home Fire Safety Patrol reviewed the six Home Fire Escape Rules in the video. Explain that you have a fill-in-the-blank game to help them review these important rules again. You will read each rule and say “blank” for the missing words. (Say “blank” for the underlined words below.) Tell students to wait until you finish reading the rule before they raise their hands to fill in the missing words.
- If you hear a smoke alarm or see smoke, get out as fast as you can — in two minutes or less.
  - Don't take anything with you.
  - If you see smoke after you leave the room, Get Low and Go. Bend down low, close to the floor where the air is safer to breathe.
  - Follow the path on your Home Fire Escape Map and close all doors behind you.
  - Go to your outside meeting place and call 9-1-1. Give the firefighters your home address.
  - **NEVER** go back inside a burning building. Always wait at your meeting place for the firefighters. They'll know what to do.

#### **ACTIVITY SHEET 4: HOW TO PLAN AND PREPARE FOR A HOME FIRE DRILL**

8. Pass out Activity Sheet 4. Tell students that, like Tyler and his family, they are going to practice a home fire drill with their families, using what they have learned from the video and this take-home Activity Sheet.
9. Point out the Due Date space at the top of the sheet. Have students fill in the date you have agreed on with their teacher. (Or you can fill in the date yourself before you photocopy the Activity Sheet.)
10. Explain to students that this Activity Sheet is mainly for the grown-ups in their family. It gives grown-ups a checklist they can use to plan and practice a home fire drill. Encourage students to ask a grown-up to read the checklist aloud so the student can share what they have learned about how to escape from a home fire.
11. Point out the form at the bottom of the sheet and the boxes their family should check to show whether they completed a home fire drill or not. Then point out the space where the student (or a grown-up) can write in the number of minutes it took their family to get to their outside meeting place.
12. Show students the spaces at the bottom of the form where they and a grown-up should write their names and the dotted line where they can cut off the form and bring it back to class. Remind them to bring in their forms by the Due Date so you can collect them and report on how many families completed a home fire drill.
13. Ask students if they have any questions about the lesson. Respond to questions, then tell the students how proud you are that they have completed the Sound Off program. Ask which parts of Sound Off they enjoyed the most and what they would tell a friend about Sound Off and the Home Fire Safety Patrol. Remember to share your own favorite moments from your class visits.

#### **CONCLUSION**

14. Tell students that as members of the Sound Off Home Fire Safety Patrol, each of them will receive an official Sound Off with the Home Fire Safety Patrol Certificate.
15. Call students individually to the front of the class to receive their Certificates. Point out that the Certificate has a space for students to draw a picture of their family at their outside meeting place. There is also a calendar their grown-ups can use to set dates for doing two home fire drills each year and a date to test their smoke alarms every month. Have students take the Certificate home to celebrate their work and to serve as an important safety reminder for the family.



# How to Plan and Practice a Home Fire Drill

## Dear Family,

Your child has learned a lot about home fire safety with *Sound Off with the Home Fire Safety Patrol*. We hope you have, too! Now it is time for the most important step: to practice what your family will do if a fire starts in your home. A home fire drill takes only a few minutes but it could save your lives!

Here are the steps to doing a home fire drill with your loved ones:

1. Watch the Sound Off *Home Fire Drills* video at [ymiclassroom.com/soundoffathome](http://ymiclassroom.com/soundoffathome).
2. Talk about your escape plan as a family. Then use the checklist to the right to do your fire drill.
3. After your home fire drill, please fill in the form at the bottom of this sheet to let us know:
  - If you completed your home fire drill
  - How long it took you to get to your outside meeting place (Try to do this in 2 minutes or less.)
4. Have your child bring the completed form back to school. We will give them a *Sound Off with the Home Fire Safety Patrol* Certificate.

Thank you for your efforts to keep your family safe!

## Home Fire Drill Checklist

- Talk about the home fire escape map you made with your child and update the map if you need to make changes. Remind everyone of the two ways out of every room. (For help making an escape map, watch the *Home Fire Escape Map* video at [ymiclassroom.com/soundoffathome](http://ymiclassroom.com/soundoffathome).)
- Remind everyone about your outside meeting place.
- Keep the lights on for your home fire drill, and have everyone use doorways to get outside. (Talk with a firefighter before you try a home fire drill in the dark or try to get outside through windows.)
- Have a cell phone with a timer ready. The goal is to be at your outside meeting place in 2 minutes or less.
- Start the fire drill with everyone in bed and with bedroom doors closed.
- Push the test button on the smoke alarm in your bedroom. That BEEP-BEEP-BEEP starts the fire drill. Start the timer on your cell phone and take it with you. But don't stop to take anything else.
- Close doors behind you.
- Stop the timer when everyone is at your outside meeting place. Write your time in the space below.
- Pretend to call 9-1-1 on your cell phone. Pretend to tell them that you have a fire and give your address. Have your children practice saying your home address too.
- Remind everyone: In a real fire, never go back inside. Stay at your meeting place and wait for the firefighters.
- Go back inside and celebrate your safety success!
- Finish filling out the form below. Then cut along the dotted line and have your child bring the form back to school.
- Schedule two home fire drills every year. Mark them on your calendar.



## Practice for Future Fire Drills

- Practice feeling doorknobs and the cracks around doors with the back of your hand. Also practice looking for signs of smoke coming through the cracks around the door and under the door at the bottom. In a real fire, if you feel heat or see smoke, do not open the door.
- Practice "Get Low and Go" as you move through the home toward your outside meeting place. This will help you stay safe from smoke in a real fire. Close doors behind you.

For the Sound Off Videos, Storybook, and App for smartphones/tablets, all in English and Spanish, go to [ymiclassroom.com/soundoffathome](http://ymiclassroom.com/soundoffathome).

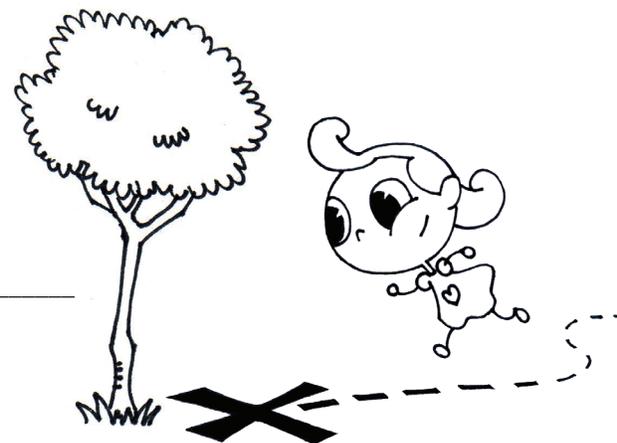
## Our Home Fire Drill

Please answer the questions below, then clip off and return this slip to your child's teacher.

1. Did you complete your home fire drill?  Yes  No
2. How many minutes did it take you to get to your outside meeting place? \_\_\_\_\_

\_\_\_\_\_  
(Child's name)

\_\_\_\_\_  
(Parent or Caregiver's name)



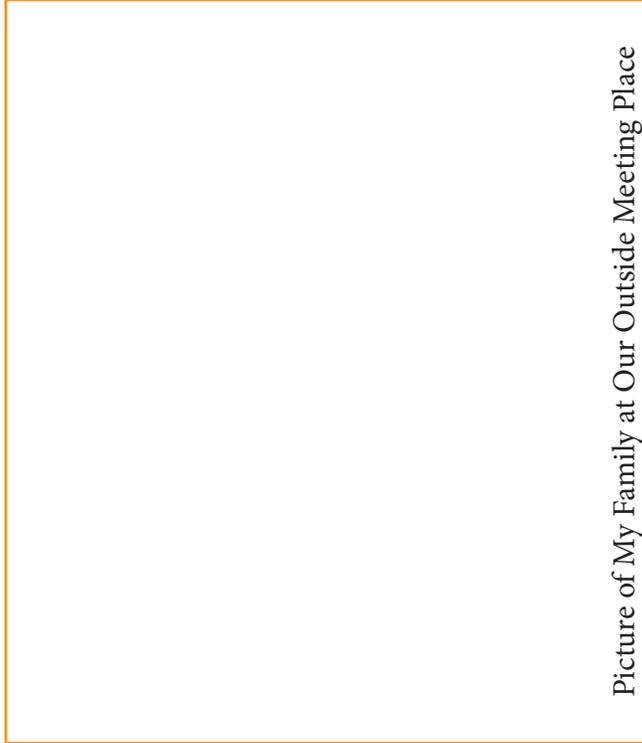
# Congratulations!

You are a member of the Sound Off Home Fire Safety Patrol.

You have learned and practiced important safety rules to help keep you safe from a home fire.

\_\_\_\_\_  
Student's Name

\_\_\_\_\_  
Teacher/Firefighter Signatures



Picture of My Family at Our Outside Meeting Place

## SOUND OFF with the HOME FIRE SAFETY PATROL



### Home Fire Safety Planner

Have a family fire drill twice a year to practice your home fire escape map. Ask a grown-up to write in the dates when your family will practice. Check the box to show that everyone got outside in less than 2 minutes.

Month \_\_\_\_\_ Date \_\_\_\_\_  We got outside in less than 2 minutes!

Month \_\_\_\_\_ Date \_\_\_\_\_  We got outside in less than 2 minutes!

Test your smoke alarms every month. Ask a grown-up to write in the date when you will test your smoke alarms each month. Put a checkmark in the right box after you finish testing your smoke alarms each month.



We test all our smoke alarms on the \_\_\_\_\_ day of each month.

Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
<input type="checkbox"/>											

