

**TARGET  
AUDIENCE**

Grades 6-8

**PROGRAM  
COMPONENTS**

- This one-page teacher's guide
- One reproducible student activity sheet

# TEACHER'S GUIDE FOR BONUS ACTIVITY: DESIGN-A-FRAME

## CONCEPTS AND SKILLS

- Eye health
- Careers in optometry
- Communication

## HOW TO USE THE PROGRAM

Make photocopies of the activity sheet and the information on the teacher pages to guide learning. Have materials like colored pencils, crayons, and markers on-hand for students to sketch their frame designs. Display students' finished designs as a frame gallery in the classroom. Visit [ymiclassroom.com/transitions](https://ymiclassroom.com/transitions) for standards alignment and more resources.

## BONUS ACTIVITY: **DESIGN-A-FRAME**

Start this activity by having students split into pairs and inform them they will be designing eyeglass frames tailored to their partner's face shape.

Pass out the activity sheet and review steps 1 and 2 with them that will help them identify their partners' face shapes and what frame shapes look best with their face shape. After students identify their partners' face shape and complementary frame shape, students will sketch custom frame designs that are both functional and expressive. Finished designs could be displayed as a frame gallery in the classroom.

### **Extension:**

Have students try on glasses online—just like in real life! Transitions Optical has a super cool virtual experience where they can see how they would look wearing Transitions® lenses (the kind that change from clear to dark in the sun!) and test out different frame styles and lens colors.

Explore [Transitions.com/VTOtogether](https://www.transitions.com/VTOtogether)—or inform students they will need a grown-up to visit the site with them at home if they are under 13.

### **Resources:**

- Transitions Webpage: <https://www.transitions.com/en-us/>
- Transitions Virtual Try On: [Transitions.com/VTO](https://www.transitions.com/VTO)

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# DESIGN-A-FRAME

HELP YOUR FRIEND SEE—AND LOOK—THEIR BEST!

An optician helps people find glasses that help them see clearly and feel confident. Opticians don't just hand out glasses—they:

- Make sure frames fit a person's face and ears just right
- Choose lenses based on the person's prescription
- Help people pick styles that match their face shape and personality

Today, you get to be the optician and design a pair of glasses that are both stylish and functional!

## STEP 1: POPULAR FRAME STYLES



### ROUND

Soft, circle-shaped frames.



### SQUARE

Bold, boxy frames.



### RECTANGLE

Longer than they are tall—classic and versatile.



### OVAL

Smooth, rounded and balanced.



### CAT-EYED

Curved upwards at the corners—fun and stylish.



### SEMI-RIMLESS GLASSES

Also known as half-frame glasses.



### AVIATOR

Rounded bottoms and a double bridge—designed for pilots!



### WAYFARER

A blend of square and round with thicker rims.

## STEP 2: KNOW YOUR FACE SHAPES

Look at your partner. Out of the common face shapes below, circle the one closest to their face shape. Use the tips below to choose a frame shape that will work best for them!



### OBLONG

Tall or oversized frames add balance



### HEART

Round or bottom-heavy frames help balance the face



### OVAL

Square or round frames work great



### DIAMOND

Oval or Cat-Eyed frames highlight cheekbones



### TRIANGLE

Tall or oversized frames add balance



### SQUARE

Round or bottom-heavy frames help balance the face



### ROUND

Square or round frames work great

## STEP 3: START DESIGNING!

Now it's your turn. Think about your partner's face shape then design the perfect pair of glasses—color, shape, details, anything you want!

Use the back of this sheet or another piece of paper to draw your frame design. Be creative! You can mix and match styles or invent your own—just like real frame designers and opticians.



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