

Fuel Your Brain & Body

Indiana Academic Standards*

English/Language Arts

Health & Wellness

Grades 6-12

ENGLISH/LANGUAGE ARTS	Activity 1	Activity 2	Activity 3
GRADE 6			
Communication and Collaboration			
6.CC.1 – Engage effectively in a range of collaborative discussions (e.g., one-on-one, in groups, and teacher led) on grade appropriate topics, texts, and issues, building on others' ideas and expressing personal ideas clearly.	✓	✓	✓
Writing			
6.W.4 – Apply the writing process to all formal writing including but not limited to argumentative, informative, and narrative.	✓	✓	✓
Reading Comprehension			
6.RC.1 – Analyze what a text says explicitly as well as draw inferences from the text through citing textual evidence.	✓	✓	✓
GRADE 7			
Communication and Collaboration			
7.CC.1 – Engage effectively in a range of collaborative discussions (e.g., one-on-one, in groups, and teacher-led) on grade-appropriate topics, texts, and issues, building on others' ideas and expressing personal ideas clearly.	✓	✓	✓
Writing			
7.W.4 – Apply the writing process to all formal writing including but not limited to argumentative, informative, and narrative.	✓	✓	✓
Reading Comprehension			
7.RC.1 – Analyze what a text says explicitly as well as draw inferences through citing several pieces of textual evidence.	✓	✓	✓
GRADE 8			
Communication and Collaboration			
8.CC.1 – Engage effectively in a range of collaborative discussions (e.g., one-on-one, in groups, and teacher-led) on grade-appropriate topics, texts, and issues, building on others' ideas and expressing personal ideas clearly.	✓	✓	✓
Writing			
8.W.4 – Apply the writing process to all formal writing including but not limited to argumentative, informative, and narrative.	✓	✓	✓
Reading Comprehension			
8.RC.1 – Analyze what a text says explicitly as well as draw inferences through strong and supportive textual evidence.	✓	✓	✓

*2023 Indiana Academic Standards, Indiana Department of Education. Available at <https://www.in.gov/doe/students/indiana-academic-standards>

ENGLISH/LANGUAGE ARTS	Activity 1	Activity 2	Activity 3
GRADES 9-10			
Communication and Collaboration			
9-10.CC.1 – Initiate and participate effectively in a range of collaborative discussions on grade-appropriate topics, texts, and issues, building on others’ ideas and expressing personal ideas clearly and persuasively.	✓	✓	✓
Writing			
9-10.W.4 – Apply the writing process to all formal writing including but not limited to argumentative, informative, and narrative.	✓	✓	✓
Reading Comprehension			
9-10.RC.1 – Analyze what a text says both explicitly and implicitly (e.g., inferences and interpretations) by citing strong and thorough textual evidence.	✓	✓	✓
GRADES 11-12			
Communication and Collaboration			
11-12.CC.1 – Initiate and engage in a range of collaborative discussions on grade-appropriate topics, texts, and issues, building on others’ ideas and expressing personal ideas clearly and persuasively.	✓	✓	✓
Writing			
11-12.W.4 – Apply the writing process to all formal writing including but not limited to argumentative, informative, and narrative:	✓	✓	✓
Reading Comprehension			
11-12.RC.1 – Analyze what a text says explicitly and implicitly (e.g., inferences and interpretations) by citing strong and thorough textual evidence to support and explain how the evidence develops the analysis, including where the text leaves matters uncertain.	✓	✓	✓

HEALTH & WELLNESS	Activity 1	Activity 2	Activity 3
GRADES 6-8			
Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.	✓		
Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.	✓	✓	
Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.		✓	✓
GRADES 9-12			
Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.	✓		
Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.	✓	✓	
Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.		✓	✓